Get Healthy Service

Health Professional Referral Form

Fields marked with * are mandatory. Please send the completed form to the NSW Get Healthy Service by:
Email: contact@gethealthynsw.com.au or Fax: 1300 013 242. For more information call: 1300 806 258

Health Professional Details (Please print or stamp)

Name*

Profession*

Organisation/Hospital*

Postcode* **Phone Number***

Email*

Practice stamp

Feedback Letters All feedback letters will be sent to the above email address.

If you require feedback letters via post, please provide your postal address:

Please tick if you do not wish to receive feedback letters ☐

Participant details (Please print or affix patient sticker)

Name*

Date of Birth* **Postcode***

Phone Number*

Email

Address

Suburb State PCode

Is an Interpreter required* No ☐ Yes ☐

Language:

Alt. Phone Number

Aboriginal and / or Torres Strait Islander origin?*

No ☐

Yes, Aboriginal ☐

Yes, Torres Strait Islander ☐

Yes, both Aboriginal and Torres Strait Islander ☐

Is your patient pregnant?* No ☐ Yes ☐

Preferred call time: AM ☐ PM ☐

The Service will call your participant within 5 working days upon receipt of a completed referral. If a mobile phone number has been provided on this referral form, your participant will receive a welcome SMS ahead of this call.

Primary Reason for Referral (Please tick one)

☐ Weight Management ☐ Healthy Eating ☐ Alcohol Reduction

☐ Physical Activity ☐ Diabetes Prevention ☐ Alcohol Abstinence in Pregnancy

Current body measurements: (Optional)

Waist Circumference (cm) _____ Weight (kg) _____ Height (cm) _____

If pregnant: Pre-pregnancy weight (kg): _____ Gestational age (wks): _____

General Comments Please describe any health condition(s)/impairment which may have an impact on what the participant eats and drinks or their physical activity.

Date Sent: _____

Consent confirmation: By submitting this completed form, the health professional / medical practitioner confirms that the participant has consented to this information being sent to the Get Healthy Information and Coaching Service, and consents for the Service to contact them (verbal consent is sufficient).

NSW GOVERNMENT