

# get healthy be deadly

**FREE**  
PHONE HEALTH  
COACHING  
SERVICE



**Have a yarn about getting healthy today**

**Call 1300 806 258**

8am to 8pm Monday to Friday  
or visit our website:

**[www.gethealthynsw.com.au](http://www.gethealthynsw.com.au)**

Artwork by Dennis Golding

Resource developed by the GHS- LHD Aboriginal Resources Working Group

December 2020 © NSW Health  
SHPN (CPH) 200932

