

**get healthy**<sup>®</sup>  
Information & Coaching Service



**FREE** TELEPHONE HEALTH  
COACHING SERVICE



(CPH) 170439

# DO YOU WANT TO GET HEALTHY IN PREGNANCY?

Talk to your health care professional  
or sign up today. Call **1300 806 258**.

Monday – Friday / 8am – 8pm

[www.gethealthynsw.com.au](http://www.gethealthynsw.com.au)  
Free interpreter services available

